

# CROSS-CULTURAL FACILITATION SKILLS

## for Diversity Trainers, Educators and Therapists:

### 5-day Intensive

*Facilitated by Lee Mun Wah & Rainbow Markell / All Welcome*

**June 21-25, 2017**

Wednesday 2 pm-9 pm;

Thurs-Sat: 9 am - 5 pm; Sunday 8 am-2 pm

**Quan Yin Training Center • 2311 8th Street, Berkeley, CA**

Facilitating a group with many cross-cultural perspectives and experiences requires a keen understanding and knowledge of how cultural differences can impact group dynamics, relationships and their sense of safety.

In this unique training, Lee Mun Wah will guide each participant through a series of exercises and mindful techniques that will enhance their understanding of the impact of culture on relationships, conflictual cultural situations, as well as how to develop a deeper and more authentic sense of community and openness within diverse groups.

Participants will explore their perception and attitudes about diversity issues through the use of films, books, vignettes and personal stories. They will learn to:

- ◆ Listen and respond from a Buddhist & Eastern Approach
- ◆ Notice the impact and intent of all our communications and actions
- ◆ Discover the importance of curiosity as a mediation tool
- ◆ Make use of non-verbal communications
- ◆ Use Mindful Techniques to de-escalate a conflict within minutes
- ◆ Ask 26 culturally-sensitive questions that create safety & trust

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#### CONTINUING EDUCATION OPTIONS\*

- CEUs are available through St. Mary's College of California for all Berkeley, CA, workshops taught by Lee Mun Wah
- Academic graduate credit is available for this workshop through the University of Colorado, Colorado Springs Graduate Certificate Program in Diversity, Social Justice and Inclusion

*\* Additional fees apply*

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**For More Information: 510.204.8840 ext. 103**  
**or [www.stirfryseminars.com/BTC](http://www.stirfryseminars.com/BTC)**

# STIRFRY SEMINARS & CONSULTING: WORKSHOP REGISTRATION FORM

Workshop: Cross-Cultural Facilitation Skills

June 21-25, 2017

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (Home Work Mobile ): \_\_\_\_\_

E-mail (*\*important\**): \_\_\_\_\_

Occupation: \_\_\_\_\_ Agency: \_\_\_\_\_

Ethnicity: (optional) \_\_\_\_\_ Gender: (optional) \_\_\_\_\_ Sexual Orientation: (optional) \_\_\_\_\_

How did you hear about this training? \_\_\_\_\_

Which of our films have you viewed? \_\_\_\_\_

### Prerequisite Course Requirements:

1. Watch Lee Mun Wah's two films, *The Color of Fear: Part One* and *Last Chance for Eden: Part One*, and *If These Walls Could Talk*. Rent these films to watch online at: [www.diversitytrainingfilms.com](http://www.diversitytrainingfilms.com).
2. Read the first section, "The Art of Mindful Facilitation," of Lee Mun Wah's book, also called *The Art of Mindful Facilitation*. This section will be emailed to you as a pdf when you register for the class.

### Fee for Session:

REGISTRATION FEE: (\$500-\$1500+) \$ \_\_\_\_\_

\* Place yourself on our sliding scale, based on what you can afford \*

#### RECOMMENDED:

Corporate/ Governmental Rate: \$1500+  
Educational/ Non-profit Rate: \$1000+  
Individual/Student Rate: \$500+

#### REQUIRED MATERIALS

You are required to purchase the items you do not already have.  
Enter the price of the items you need:

*What Stands Between Us: Racism Conversation Flashcards* (\$25) \$ \_\_\_\_\_

Booklet: *The Practice of Honoring Diversity* (\$10) \$ \_\_\_\_\_

*Let's Get Real* Book (\$25) \$ \_\_\_\_\_

*The Art of Mindful Facilitation* Book (\$25) \$ \_\_\_\_\_

*The Color of Fear: FILM GUIDE* (\$25) \$ \_\_\_\_\_

*Last Chance for Eden: FILM GUIDE* (\$25) \$ \_\_\_\_\_

**Reside in California** (all cities except for Berkeley)? If so, add tax to materials (7.25%) \$ \_\_\_\_\_

**Reside in Berkeley, CA?** If so, add tax to materials (9.25%) \$ \_\_\_\_\_

\* Note: These items will be made available for you at the workshop.

TOTAL (Registration plus Required Materials and tax, if applicable) \$ \_\_\_\_\_

**Cancellation Policy:** A full refund is available for cancellations received at least two weeks prior to the start of the training so long as you notify StirFry in writing. If you need to cancel after that time frame (yet before the start of the class), again, notify StirFry in writing and we can issue you a credit for the amount you paid, good for use at another Berkeley Training Center course; the credit on file will expire in one year's time.

### Payment Method: (Please make checks payable to: StirFry Seminars & Consulting)

Check \_\_\_\_\_ (check number)  
Visa MasterCard Amex

CC# \_\_\_\_\_

Exp. Date: \_\_\_\_\_

(Please include 3-4 digit number on the back of your card) \_\_\_\_\_

Name on Card: \_\_\_\_\_

Signature \_\_\_\_\_

Type or sign above and check box below:

*I understand that my electronic signature has the same legal effect and can be enforced in the same way as a written signature.*

**Travel & Workshop Planning:** Meals, hotel accommodations, and transit are the sole responsibility of the participant. To assist you with your travel plans, information about Berkeley, CA, can be found at: [www.visitberkeley.com](http://www.visitberkeley.com). We strongly encourage you to purchase refundable flights in case the course has to be cancelled due to low enrollment. You are asked to book flights that allow you to be in attendance from the start to conclusion of the workshop; consider traffic/rush hour in making this schedule. Plan to wear casual, comfortable clothing. You will be asked to take off your shoes at the training center; please bring comfortable socks/slippers. Although StirFry provides snacks at our workshops, plan to go out to restaurants with your classmates to continue group discussions (meals are student's ex-pense). Be aware that there are occasionally animals present at the Training Center (cat/dog) for those participants who may have allergies. Contact StirFry if you have questions as we want you to be both prepared and comfortable.

StirFry Seminars is committed to providing reasonable accommodations for all persons with disabilities. If you have a disability for which you may require accommodations, please contact a staff member as soon as possible so that they can be considered.

### WAIVER

Please read carefully and sign this waiver as part of your registration.

I understand that my participation in this training is voluntary. It may involve my emotions in a manner that might subject me to emotional distress. I agree to accept such risks and assume the responsibility for emotional distress and/or other effects that may arise from my own interpretation of the process. I understand that this training is not intended as psychotherapy or as a substitute for psychotherapy. Further, I release StirFry Seminars & Consulting and all staff/independent contractors thereof from all claims made by me or on behalf of me (or my estate) by reason of any illness or damages arising from participation in this training.

I also acknowledge that this training does not offer any license or certification to use the film *The Color of Fear* or other StirFry films for personal or independent professional purposes. I understand that the copyright and use agreement for legal use of the film (and other StirFry products) is available from StirFry Seminars & Consulting, Inc.

I also authorize StirFry Seminars & Consulting, Inc. to publish any still photographs or video recordings taken of me during the workshop, and my name, for use in StirFry's printed publications and website, for any purpose whatsoever for an indefinite period of time.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(Please check) I understand that an electronic signature has the same legal effect and can be enforced in the same way as a written signature.

Please email this completed form to [ellen@stirfryseminars.com](mailto:ellen@stirfryseminars.com). If you prefer to FAX or MAIL your form, please send it to the address below.

Fax: 510.204.8572 • Mailing Address: 2311 8th St. Berkeley, CA 94710

Questions? Contact Us: • Phone: 510.204.8840 ext. 103 • email: [ellen@stirfryseminars.com](mailto:ellen@stirfryseminars.com)