



StirFry Seminars

Volume 2 Issue 7

July 2006

Newsletter

Film Facilitation Training

July 14-16, 2006

In this three-day training, participants will learn how to present our two most popular films *The Color of Fear* and *Last Chance for Eden*. Participants will learn facilitation techniques that are helpful in processing the myriad responses that often follow our films, as well as experiential exercises that help stimulate group discussion and improved communication skills.

Through the use of interactive exercises and group discussions, participants will:

- Learn various interactive exercises that can stimulate awareness of issues of difference
- Practice different techniques to assess audiences responses and attitudes
- Develop effective responsive and listening techniques
- Administer a 'Diversity Assessment', a powerful tool used to support group awareness
- Become more sensitive to the effect of covert and unintentional behaviors
- Learn a variety of ways to improve communication skills across cultures and within organizational settings

Mindfully Resolving Conflicts Advanced Level

August 11- 13, 2006

This training is the last in the Mindfully Resolving Conflicts training series and is currently only offered once a year at the Quan Yin Training Center in Berkeley, CA. This Advanced Level training provides an opportunity to further deepen your facilitation skills and techniques.

The format is similar to the Beginning and Intermediate Levels, yet the major points of focus for the Advanced Level are as follows:

- The Art of Summary
- How to utilize "What Stands Between Us - Diversity Conversation Cards"
- How to use Diversity Exercises to Stimulate Awareness and Discussion
- Advanced Vignette Practice and Interventions
- How to Recognize Intent & Impact
- Advanced Conflict Facilitation Techniques

To Register for the Training(s) Above:

Visit the Upcoming Events Page on www.StirFrySeminars.com

Friday, 2 pm - 9 pm; Saturday, 8 am - 6 pm; and Sunday, 8 am - 2 pm

Quan Yin Training Center: 2311 8th Street, Berkeley, CA 94710

For More Information Regarding:

Registering for Workshops/Trainings • Becoming Certified in Mindful Facilitation • Sponsoring a SFS National Training Center

Contact: **Anthony Chavez, National Training Director** | 510.204.8840 ext. 100 | anthony@stirfryseminars.com

Partnering to Create Safe,
Authentic Environments
Where Trust is Experienced
and Relationships Transformed

StirFry Calendar



Best Buy Participants and Leaders

Lee Mun Wah recently traveled to Chicago to work with Best Buy Co., Inc. to show *Last Chance for Eden* and work on diversity issues. Jim Langemo, Steve Jensen and J.D. Wilson were some of the folks responsible for bringing StirFry to their agency. The workshop was a huge success, partly because of the participants' sensitive and moving stories, and also because of Best Buy's commitment to continue these important dialogues and communications trainings on diversity issues. Here are some reactions about the workshop:

"Lee Mun Wah immediately creates an atmosphere in which it is safe to talk and important to listen. Through my experience with him, I have been able to see more deeply into myself and into others. I have been able to see that, in as much as I have been a part of the problem, I am a part of the solution. His facilitation style and the way he interacts with an audience invites me to help create a world in which each person is welcomed and valued. The teaching he provided didn't just apply to me, it applied to my life with my family, my employees and my customers. The event was, with out exaggeration, transforming."

~Jim Langemo

Director of Diversity and Strengths-Based Organization

"In my 20 years of attending leadership and personal development summits and seminars I can honestly say that the time spent with Lee Mun Wah has affected me the greatest. Lee Mun Wah speaks from his soul and has the innate ability to see into the souls of others, relate to their personal challenges or those things that keep humans from being able to 'fully give themselves to each other and to society'. A book could be written alone on his ability to engage a large and diverse group of people and guide them through a self realization experience...truly a blessed opportunity."

~Johnnie Hernandez

Dir. of Merchandising Strategy and Retail Field Execution

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| July 14-16, 2006
Berkeley, CA | Film Facilitation Training
Open to the Public |
| July 26, 2006
Moline, IL | <i>Last Chance for Eden</i> Seminar
Not Open to the Public |
| August 7, 2006
Sacramento, CA | Mindfully Resolving Conflicts
Not Open to the Public |
| August 9-10, 2006
Coon Rapids, MN | Managing Conflict in the Workplace
Not Open to the Public |
| August 11-13, 2006
Berkeley, CA | Mindfully Resolving Conflicts - Adv.
Open to the Public |
| August 15-16, 2006
Hartford, CT | <i>Last Chance for Eden</i> Seminars
Not Open to the Public |
| August 17-18, 2006
Boulder, CO | <i>Last Chance for Eden</i> Seminar &
Train the Trainer Seminar
Not Open to the Public |
| September 13, 2006
Boulder, CO | <i>Last Chance for Eden</i> Seminars
Not Open to the Public |
| Sept. 15-17, 2006
Berkeley, CA | Mindfully Resolving Conflicts - Beg.
Open to the Public |
| Sept. 28-29, 2006
Northfield, IL | Unlearning Racism Retreat
Not Open to the Public |
| October 2, 2006
Alberta, Canada | Mindfully Resolving Conflicts
Not Open to the Public |
| October 13-15, 2005
Berkeley, CA | Unlearning Racism Retreat
Open to the Public |
| October 16, 2006
Farmington, CT | Mindfully Resolving Conflicts &
<i>The Color of Fear 3</i> Seminar
Open to the Public |
| October 17, 2006
Topeka, KS | <i>Last Chance for Eden</i>
Film Showing & Discussion
Open to the Public |
| October 18, 2006
Topeka, KS | Mindfully Resolving Conflicts
Not Open to the Public |

**Interested in Scheduling a Keynote or Seminar
at your organization?**

Contact: **Abbie Gibor, Seminar Coordinator**
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