

StirFry Seminars & Consulting

August 2009

Cross-Cultural Facilitation Workshop

The five day retreat on Cross-Cultural Facilitation was a tremendous success. We were filled to the maximum and had to refer many to our August and September workshops. The stories, the practice vignettes, the emotional and cultural lessons that were learned, all made for a very special experience for us all. We shared vignettes that we had difficulty with as well as successful diversity exercises that we found useful in our work. We even had time to explore the many possibilities that the Philadelphia swimming pool incident provided us. It was an unforgettable journey that we all took together. Below are some of the comments from the participants:



“My experience in the workshop was one of being held, challenged, pushed, and brought along. I have a much more heart-felt understanding of what was said in Last Chance for Eden, ‘Don’t explain it to me. Feel it with me.’ As a white person, and as a facilitator, I have a deeper understanding of why being able to authentically feel is a critical and important asset. This workshop called me to be deeply honest with myself and to be honest with others, despite how risky it felt, or how ugly it felt to give words to my own racist assumptions, thoughts. At times this felt embarrassing, vulnerable and scary, but the results were consistently a deeper connection with one or more of my co-travelers. That courage and compassion have continued since the workshop.”

Kathleen Rice
Consultant, K L Rice Consulting

“The ability to go deep in a very short amount of time was phenomenal. The quality of our conversations was intense, authentic, and respectful. How a group of 26 strangers could come together as a community and experience authentic dialogue together exhibited a model for our present and future.”

Dr. Edward Pohlert
Faculty Director, Miracosta Community College



“For five days, Mun Wah never lost his focus on directing and coaching us. He knew what energy level participants were feeling and the handouts were very practical. People’s sensitivity toward topics and each others’ experiences was practiced whether in small groups, at lunch, or with the whole group. The exercises and role-playing opportunities felt authentic. I left upbeat, refreshed, encouraged, and with more confidence.”

Mary Edmonds
ESL Instructor for Adult Learners



Read more thoughtful responses to this workshop on the StirFry website at:
www.stirfryseminars.com/workshop

Unlearning Racism

September 11-13, 2009 • Facilitated by Lee Mun Wah

Quan Yin Training Center • 2311 8th Street, Berkeley, CA

For details call 510-204-8840 or visit www.stirfryseminars.com/BTC

This is one of our most popular workshops. It provides a forum for participants to discover conscious and unconscious ways in which racism has affected their lives. This workshop is experientially based and designed to foster a deeper understanding and appreciation of our differences.

Through the use of films, role plays and a variety of diversity exercises, participants will learn to:

- Understand the effects of personal history, on behavior and attitude of individuals
- Listen to and explore personal experiences and perspectives from participants of diverse ethnicities
- Understand how differences in race can affect relationships, communication and behavior
- Observe facilitation of racial conflicts and misunderstandings
- Compassionately listen to, validate and acknowledge the emotional impact of racism on an individual, group and community

StirFry Calendar

August 5, 2009 Atlanta, GA	Cultural Competency for Leaders Foster Family Treatment Association Conference / Open to the Public
August 14-16, 2009 ** Berkeley, CA	Today's Multicultural Classroom: Cultural Competency for Educators & Administrators Open to the Public
August 17, 2009 Oxnard, CA	A Promise Still to Keep Keynote and Walking Across the Room Workshop Not Open to the Public
August 24, 2009 Anaheim, CA	Cultural Competency for Leaders American Probation and Parole Conference / Open to the Public
August 26, 2009 Minneapolis, MN	Cultural Competency for Educational Leaders Not Open to the Public
September 11-13, 2009 ** Berkeley, CA	Unlearning Racism Open to the Public
September 15, 2009 Orlando, FL	Cultural Competency for Leaders International Community Corrections Conference / Open to the Public
September 29, 2009 Moraga, CA	The Color of Fear Film Showing and Discussion Open to the Public
October 1, 2009 Sacramento, CA	Only a World Away Keynote / Workshop CA Association of Alcoholism and Drug Abuse Counselors Conference/Open to the Public

** Held at the Quan Yin Training Center, 2311 8th Street, Berkeley, CA

For more information, registration and links to conference workshops, visit <http://www.stirfryseminars.com/events>

Contact Us: 510.204.8840 Trainings, Films & Diversity Products, ext. 101 www.stirfryseminars.com