

StirFry Seminars & Consulting

December 2010

2011 Berkeley Training Center Schedule



Unlearning Racism Retreat, September 2010

We are very excited to announce the lineup for StirFry's 2011 Berkeley Training Center workshops. By popular demand, we are repeating our 5-day intensive Cross-Cultural Facilitation Skills Training for Educators and Diversity Trainers, in both June and July. We are also happy to welcome several new facilitators to our staff, including Melissa Sweeney (StirFry's Director of Operations), Charles Lerner, Naraya Stein, & Alisa Genovese. To learn more about the staff, visit our website: www.stirfryseminars.com

February 4-6: Facilitating Conversations Between Whites & People of Color

Facilitator: Lee Mun Wah

March 18-20: Let's Get Real- Unlearning Racism (Overnight Retreat)

Facilitator: Lee Mun Wah

April 9, May 7 & June 11: Let's Get Real About (White) Racism

A Workshop for White People to Explore White Privilege & Responsibility

Facilitators: Melissa Sweeney & Charles Lerner

April 23: Let's Get Real About Internalized Racism

A Workshop for People of Color

Facilitator: Lee Mun Wah

May 21-22: Unlearning Heterosexism & Homophobia

Facilitator: Charles Lerner

June 22-26: Cross-Cultural Facilitation Skills for Diversity Trainers (5-Day Intensive)

Facilitator: Lee Mun Wah

July 27-31: Cross-Cultural Facilitation Skills for Diversity Trainers (5-Day Intensive)

Facilitator: Lee Mun Wah

August 19-21: Facilitating Conversations Between Whites & People of Color

Facilitator: Lee Mun Wah

September 16-18: Let's Get Real- Unlearning Racism (Overnight Retreat)

Facilitator: Lee Mun Wah

September 30- October 2: I'm Tired of Doing it Alone

Facilitators: Naraya Stein & Alisa Genovese

October 22: Interracial Couples Group

Facilitator: Lee Mun Wah

November 11-13: Facilitating Conversations Between Whites & People of Color

Facilitator: Lee Mun Wah

For complete course and registration information, please visit
www.stirfryseminars.com/BTC or phone 510-204-8840 x101



FACILITATING CONVERSATIONS BETWEEN WHITES AND PEOPLE OF COLOR

FACILITATED BY LEE MUN WAH

FEBRUARY 4-6, 2011

FRIDAY 2 PM- 9 PM; SATURDAY 8 AM- 6 PM; SUNDAY 8 AM- 2 PM

QUAN YIN TRAINING CENTER • 2311 8TH STREET, BERKELEY, CA

Too often we are afraid to begin a conversation about race and racism because we have had a bad experience or feel that we will say something wrong or hurtful. This workshop is particularly exciting and satisfying because it allows everyone the opportunity to practice talking to someone who is different from themselves in a compassionate and honest way. Participants will learn that they are not alone in their fears and that all of us lack a “model” of how to begin this type of conversation. The most important ingredient is our sincerity and our willingness to learn and understand each other.

We will practice sharing with one another through use of film, small group interactions, role plays and personal stories. Participants will learn:

- To notice the intent of our communications on other cultures and its impact
- Ways to respond compassionately and openly about diversity issues
- How to listen mindfully and with awareness
- How personal stories can affect our perceptions and attitudes
- Ways to create a sense of community through dialogue and stories
- How to work with conflict and hurt feelings when diversity issues are involved

FOR MORE INFORMATION: 510.204.8840 EXT. 101 OR WWW.STIRFRYSEMINARS.COM

! SPECIAL PRODUCTS SALE !

30% off all regular priced diversity films/products now through January 15, 2011.

*Enter Coupon Code **END30** upon online checkout at www.stirfryseminars.com/store.*

StirFry Calendar

January 10, 2011 ** Berkeley, CA	The Art of Embracing Change Open to the Public
January 11, 2011 Orem, UT	An Unfinished Conversation Community Film showing / Open to the Public
January 20, 2011 Denver, CO	The Color of Fear: (Unlearning Racism in the Workplace) Workshop Not Open to the Public
February 1-2, 2011 Kutztown, PA	TBA Not Open to the Public
February 4-6, 2011 ** Berkeley, CA	Mediating Conflicts Between Whites & People of Color Open to the Public
February 10, 2011 Statesboro, GA	An Unfinished Conversation about Gender & Race (Town Hall Meeting) Open to the Public
February 11, 2011 Savannah, GA	Let's Get Real About Racism: What Whites Won't Say & People of Color Can't Ask At the Cross-Cultural Conference in Counseling & Education / Open to the Public
February 23, 2011 Oakland, CA	Oakland in a "Post-Racist" Society Not Open to the Public

*** Held at the Quan Yin Training Center, 2311 8th Street, Berkeley, CA*

For more information, registration and links to conference workshops, visit <http://www.stirfryseminars.com/events>

Contact Us: 510.204.8840 Trainings, Films & Diversity Products, ext. 101 www.stirfryseminars.com