

StirFry Seminars & Consulting

November 2010



LET'S GET REAL ABOUT (WHITE) RACISM

A GROUP FOR WHITES TO EXPLORE WHITE PRIVILEGE & THEIR RESPONSIBILITY

As a White person, have you ever longed to have a real conversation about issues of race but were afraid that you might say something racist or wrong? Are you concerned that someone might get hurt or angry because of what you say or that you might say something politically incorrect? If so, you are not alone. It is not surprising that Whites avoid talking about race because of the kinds of emotions the topic might engender.

In this new Stirfry Seminars workshop, "Let's Get Real About (White) Racism," facilitators Melissa Sweeney and Charles Lerner will guide participants in an authentic and honest conversation about White racism, privilege and responsibility – inviting participants to discuss how White supremacy is taught and perpetuated and to acknowledge the privileges that White people benefit from because of it. White participants will also take the dialogue one step further by discussing how to unlearn and interrupt their race-based enculturation as well as how to become better allies to People of Color and to each other.

Dates: December 11th, January 22nd & February 26th **Time:** 9 am – 4 pm

Location: The Quan Yin Training Center, 2311 8th Street, Berkeley, CA

Registration Information can be found online at: www.stirfryseminars.com/BTC



Melissa Sweeney is a White, Euro-American woman with Irish, Scottish, German, Norwegian, French Canadian & Native American (Chippewa) heritage. She is currently the Director of Operations & Seminars at Stirfry Seminars & Consulting and has her MA in Marriage & Family Therapy from Syracuse University.

Charles Lerner is a White male, of German, Irish, Dutch & Native American (Cherokee) descent. He was raised in a Jewish family but does not share the Jewish genealogy of his parents. Charles is a therapist, trainer, college instructor and, currently, a nonprofit manager in the field of child welfare.

More information about the facilitators can be found at:
<http://www.stirfryseminars.com/about/bios/staff.php>



Unlearning Classism

Facilitated by Lee Mun Wah & Julie Garza-Withers

December 3-5, 2010

Friday 2 pm-9 pm; Saturday 8 am-6 pm; Sunday 8 am-2 pm
 Quan Yin Training Center • 2311 8th Street, Berkeley, CA

This workshop provides a forum for participants to discover conscious and unconscious ways in which class privilege or classism has affected their lives. It is an experiential workshop and is designed to foster a deeper understanding and appreciation of our class differences. Participants will explore their Class-based perceptions and issues concerning money and status through personal stories and a variety of diversity exercises.

For More Information: 510.204.8840 ext. 101 or www.stirfryseminars.com

! SPECIAL PRODUCTS SALE !

30% off all regular priced diversity films/products now through December 31, 2010.
 Enter Coupon Code **END30** upon online checkout at www.stirfryseminars.com/store.

StirFry Calendar

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| November 4, 2010 Baltimore, MD | If these Halls Could Talk: A Program to Deal with Bullying in our Schools National Middle School Association Conference / Open to the Public |
| November 5, 2010 Bloomington, IL | Let's Get Real—Unlearning Racism Workshop Racial Justice Summit / Open to the Public |
| November 8, 2010, Berkeley, CA ** | The Art of Embracing Change Open to the Public |
| November 12-14, 2010 Berkeley, CA ** | Mindfully Resolving Conflicts for Diversity Issues: Level One Open to the Public |
| November 16, 2010 Duluth, MN | An Unfinished Conversation Community Film Showing / Open to the Public |
| November 18, 2010 Plymouth, MN | Let's Get Real About Racism The Collaboration Conference / Open to the Public |
| November 19, 2010 Philadelphia, PA | Walking Across the Room: Keynote Not Open to the Public |
| November 21, 2010 Rohnert Park, CA | Let's Get Real About Racism The Engaging the Other Conference / Open to the Public |

** Held at the Quan Yin Training Center, 2311 8th Street, Berkeley, CA

For more information, registration and links to conference workshops, visit <http://www.stirfryseminars.com/events>

Contact Us: 510.204.8840 Trainings, Films & Diversity Products, ext. 101 www.stirfryseminars.com