

StirFry Seminars & Consulting

June 2011

PRACTICE VIGNETTES

For a long time participants have been asking for opportunities to practice on actual situations that have occurred in my workshop sessions. Here is one:



A group of eight new executives are asked why they are engaged in an Unlearning Racism workshop and what they hope to get out of it. An African American man, Barry, shares that he has been told that he is too introverted and needs to be more outgoing. He hopes he can work on this issue during the workshop because it hinders his effectiveness as a potential leader. Two things occur as he is talking: A EuroAmerican woman, Janice, who is sitting next to him, laughs. Eventually, Jim laughs, too, though not at first. (Jim is the only visible person of color in the room.) Another thing that occurs is that Barry occasionally glances over to see the Vice-President's reactions to what he is sharing.

Here are some process questions to consider:

- **What came up for you as read this vignette?**
- **What are some of the key phrases?**
- **What are some of the larger societal context issues inherent in this situation?**
- **What are some good questions to ask Barry, Janice, and the V.P.?**
- **Who would you work with first and why?**
- **What angered you about this vignette?**
- **What hurt you about this vignette?**
- **What's familiar about this vignette?**

So what would you have done if you were the facilitator and why? Send your intervention to: melissa@stirfryseminars@aol.com and it will be posted on our website at www.stirfryseminars.com/interventions.

Cross-Cultural Facilitation Techniques 5-day Intensive for Diversity Trainers Facilitated by Lee Mun Wah

July 27-31, 2011

Weds-Sat: 9am-5pm • Sunday: 9am-2pm

Quan Yin Training Center
2311 8th Street, Berkeley, CA

Facilitating a group with many cross-cultural perspectives and experiences requires a keen understanding and knowledge of how cultural differences can impact group dynamics, relationships and their sense of safety.

In this unique training, Lee Mun Wah will guide each participant through a series of exercises and mindful techniques that will enhance their understanding of the impact of culture on relationships, conflictual cultural situations, as well as how to develop a deeper and more authentic sense of community and openness within diverse groups.

**For More Information: 510.204.8840 ext. 101
or www.stirfryseminars.com/BTC**



FACILITATING CONVERSATIONS BETWEEN WHITES AND PEOPLE OF COLOR

AUGUST 19-21, 2011

friday 2pm-9pm;
saturday 8am-6pm;
sunday 8am-2pm

FACILITATOR: LEE MUN WAH

Too often we are afraid to begin a conversation about race and racism because we have had a bad experience or feel that we will say something wrong or hurtful. This workshop is particularly exciting and satisfying because it allows everyone the opportunity to practice talking to someone who is different from themselves in a compassionate and honest way. Participants will learn that they are not alone in their fears and that all of us lack a "model" of how to begin this type of conversation. The most important ingredient is our sincerity and our willingness to learn and understand each other.

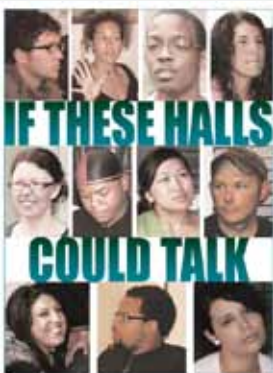
FOR MORE INFORMATION: 510.204.8840 EXT. 101
OR WWW.STIRFRYSEMINARS.COM/BTC



! Special Products Sale !

25% off all regular priced diversity films/products now through August 15, 2011

Enter Coupon Code **SUMMER** upon online checkout at www.stirfryseminars.com/store



Lee Mun Wah explores issues of race on American campuses with eleven students from all over the country in his explosive new film, *If These Halls Could Talk*. To view a short preview of the film, get more information or pre-order your copy, visit, www.stirfryseminars.com/store.

If you are interested in hosting Stirfry Seminars to preview clips of the new film and have a diversity dialogue please contact Melissa Sweeney (melissa@stirfryseminars.com) today. We are also looking for groups to host premieres of the film upon its Fall 2011 release.

Release date: November 2011

Attention East Bay, California, Readers! We are looking for an ADA-accessible training space that Stirfry Seminars could utilize on an as-needed basis for our diversity trainings that have participants with special needs. If you know of a space that would be available over the weekend, let us know! We are hoping to offer an exchange—seats in our trainings for use of the space. Contact Melissa for more information (melissa@stirfryseminars.com).

A new book by Lee Mun Wah



For more information and to pre-order your copy, visit www.stirfryseminars.com/store

Release date:
Summer 2011

For StirFry's Calendar of Upcoming Events, please visit www.stirfryseminars.com/events

Contact Us: 510.204.8840 Trainings, Films & Diversity Products, ext. 101 www.stirfryseminars.com